

Guidance Essential Curriculum for Grade 10

- GU.010.10 Academic Development
Students will:
demonstrate the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.
- GU.010.10.01 Demonstrate strong home/school communication for a unified expectation of student success.
- GU.010.20 Students will:
complete school with the academic preparation essential to choose from a wide range of substantial post-secondary options, including college.
- GU.010.20.01 Be able to analyze their PSAT scores and utilize them for academic preparation.
- GU.010.30 Students will:
demonstrate an understanding of the relationship of academics to the world of work, and to life at home and in the community.
- GU.010.30.01 Select rigorous academic courses during the registration process so that all will be prepared to choose from a variety of challenging future opportunities.
- TS 3.1, 3.2 GU.010.40 Career Development
Students will:
demonstrate skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.
- GU.010.40.01 Evaluate appropriate personal, educational and career goals including an exploration of new job descriptions, non-traditional career possibilities and the importance of equity in the world of work.
- TS 3.1, 3.2 GU.010.50 Students will:
employ strategies to achieve future career goals with success and satisfaction.
- GU.010.50.01 Describe the importance of responsibility, dependability, punctuality, integrity, and effort in the work place.
- TS 3.1, 3.2 GU.010.60 Students will:
demonstrate an understanding of the relationship between personal qualities, education, training, and the world of work.
- GU.010.60.01 Demonstrate awareness of the cumulative effect of the academic record on high school placement, scholarship, college admission, technical school admission, job possibilities and military opportunities.
- GU.010.70 Personal/Social Development
Students will:
demonstrate the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.
- GU.010.70.01 Recognize a variety of discriminatory attitudes and behaviors and their impact on self and others.
- GU.010.80 Students will:
make decisions, set goals, and take necessary action to achieve goals.
- GU.010.80.01 Demonstrate the adaptability needed to make appropriate personal decisions to set and achieve personal and educational goals.
- GU.010.90 Students will:
demonstrate an understanding of safety and survival skills.
- GU.010.90.01 Determine and choose appropriate health care services and community resources for personal safety and survival.

GU.010.100

Students will demonstrate an understanding of bullying, including prevention skills and appropriate intervention

- GU.010.100.01 Define bullying, harassment, and cyberbullying
- GU.010.100.02 Identify behaviors that are considered verbal, physical, or electronic bullying
- GU.010.100.03 Identify techniques to avoid being bullied and to avoid bullying others
- GU.010.100.04 Identify and demonstrate refusal strategies and skills
- GU.010.100.05 Demonstrate an understanding of the importance of immediately reporting bullying to a parent, school staff member, or other trusted adult
- GU.010.100.06 Identify the responsibilities of a bystander to bullying
- GU.010.100.07 Identify school, health, and counseling resources in cases of bullying

GU.010.110

Students will demonstrate an understanding of sexual harassment including prevention skills and appropriate intervention.

- GU.010.110.01 Define sexual harassment
- GU.010.110.02 Identify behaviors that are considered sexual harassment
- GU.010.110.03 Identify techniques to avoid being sexually harassed and to avoid sexually harassing others
- GU.010.110.04 Identify and demonstrate refusal strategies and skills
- GU.010.110.05 Demonstrate an understanding of the importance of immediately reporting sexual harassment to a parent, school staff member, or other trusted adult
- GU.010.110.06 Identify the responsibilities of a witness to sexual harassment
- GU.010.110.07 Identify school, health and counseling resources in cases of sexual harassment

GU.010.120

Students will demonstrate an understanding of sexual assault including prevention skills and appropriate intervention.

- GU.010.120.01 Define sexual assault
- GU.010.120.02 Identify behaviors that are considered sexual assault
- GU.010.120.03 Identify unsafe situations and choices for reducing risk of sexual assault
- GU.010.120.04 Identify refusal strategies and define how refusal skills can reduce an individual's risk of sexual assault or unplanned sexual activity
- GU.010.120.05 Identify how alcohol and drugs may make an individual more vulnerable to victimization by diminishing one's ability to make good decisions or perceive risky situations
- GU.010.120.06 Demonstrate an understanding of the importance of immediately reporting sexual assault to a parent, school staff member, or other trusted adult
- GU.010.120.07 Identify the responsibilities of a witness to sexual assault
- GU.010.120.08 Identify police, school health and counseling resources in cases of sexual assault